

IMAGINARIUM

Fall Retreat | 2018

We're so excited for our second annual IMAGINARIUM Fall Retreat! This weekend is intended to provide space for contemplation, connection, and play. In preparation, we wanted to send you a packet of information so you can know what to expect.

FIVE STAR RETREAT

Our Fall Retreat will be held at the Five Star Retreat Center in Nunnery, TN (fivestarreretreat.com) and we have the property to ourselves! With 300 acres of scenic Tennessee rolling hills, multiple scenic creeks, and a five-acre lake and 23 miles of hiking trails there will be more than enough space for activity, solitude and contemplation. If the weather is nice you can consider bringing a fishing pole, a book, blanket or a pair of hiking boots. The Lodge is less than 100 yards from Five Star Lake, where we can swim or enjoy the lake in canoes, paddle boats, or kayaks.

The Lodge is equipped with plenty of sleeping spaces and they will provide bedding and pillows (though it wouldn't hurt to bring your own pillow) with plenty of privacy for both showers and restrooms. We will have spaces/rooms pre-assigned so that when you come we can show you where to go.



SCHEDULE

Check-in begins at 6pm on Friday. Come when you can. We will begin our time together with drinks + hors d'oeuvres followed by an introduction to our content at 7:30pm & a concert from the incredible Jason Eskridge + Band.

Each day of the retreat is full of curated content around the themes of "Order," "Disorder," & "Reorder."¹ We will have group sessions Saturday morning + evening and Sunday morning. In addition, you will be able to structure a portion of your day on Saturday in whatever way suits you - this retreat should be refreshing for you so don't give into feelings of obligation or needing to do "all the things." On this day, we encourage you to explore the grounds. We'll also be having our Enneagram Wine Pairing + Tasting on Saturday.

FRIDAY

6:00pm - Check-in + hors d'oeuvres & drink reception

7:30pm - Opening session

8:30pm - Jason Eskridge + Band

SATURDAY

9:00am - Breakfast

10:00am - First session

12:30pm - Lunch

2:00pm - 5pm - Free time

6:45pm - Formal dinner

8:00pm - Art project

SUNDAY

9:00am - Breakfast

10:00am - Closing session

12:00pm - Lunch

1:00pm - Check-out

¹ Erin Law will be leading the majority of our content this weekend, along with Anna and Melissa.

MEALS

We will be integrating our meals into the retreat as a way of practicing intentional community. We will be cooking together, serving one another, and taking time to share a meal together. All of our meals have been planned and prepared by Emily Widenhofer & Lauren Pilny - get ready for some incredible food!

WHAT TO BRING

- pen/pencil
- journal
- pillow
- wine/beer/beverages you'd like besides water and tea (we will provide some wine + beer for the first night)
- games (there will be downtime each night so if you have a favorite game, bring it along!)
- bath towel
- light jacket
- folding chair or blanket to sit around the campfire
- reusable water bottle
- comfortable clothes you can move around in

DIRECTIONS

The retreat center is SUCH a great space and we're so glad to be there. The address is:

8020 OAK SPRINGS RD, NUNNELLY, TN 37137

However, it is OUT THERE...meaning sometimes GPS/Map apps don't work. So below are some written directions from the website just incase.

From Nashville via I-40:

Take I-40 West out of Nashville toward Dickson. Exit 172, turn left on Hwy 46 S. Go 6.5 miles and turn right on Hwy 100. Go a little over a mile and look for East Hickman County Middle School on your right and Subway on your left. Just after that you'll see a sign that says to bear right for Lyles. "Lyles -->". Turn right. Go about a mile or so through Lyles to stop sign at the railroad tracks. Turn left after you cross the railroad tracks. You'll be on Pinewood road. Go a little less than 2 miles and turn right onto Woodland Park. Keep right where Woodland Park splits, then go left around the bend and then turn right onto Oak Springs Road. Go about a mile and a half on Oak Springs Road and turn right on Five Star Road (gravel road w/ 2 stone columns). Bear left at the bottom of the ridge, and go around the bend, then bear left up the hill, across the dam, then turn left to go to the Lodge.

From I-65/Franklin via 840:

Take 840 west to Exit 7 (Hwy 100) and turn left (west). Drive approximately 6 miles to Hwy 46 stop light. Go through the intersection, then a little over a mile. Look for East Hickman County Middle School on your right and Subway on your left. Just after that you'll see a sign that says to bear right for Lyles. "Lyles -->". Turn right. Go about a mile or so through Lyles to stop sign at the railroad tracks. Turn left after you cross the railroad tracks. You'll be on Pinewood road. Go a little less than 2 miles and turn right onto Woodland Park. Keep right where Woodland Park splits, then go left around the bend and then turn right onto Oak Springs Road. Go about a mile and a half on Oak Springs Road and turn right on Five Star Road (gravel road w/ 2 stone columns). Bear left at the bottom of the ridge, and go around the bend, then bear left up the hill, across the dam, then turn left to go to the Lodge.

From Nashville or Brentwood via Hwy 100:

Go west on Hwy 100 toward Centerville. Pass through Fairview, and go under 840, then another 6 miles to Hwy 46 stop light. Go through the intersection, then a little over a mile. Look for East Hickman County Middle School on your right and Subway on your left. Just after that you'll see a sign that says to bear right for Lyles. "Lyles -->". Turn right. Go about a mile or so through Lyles to stop sign at the railroad tracks. Turn left after you cross the railroad tracks. You'll be on Pinewood road. Go a little less than 2 miles and turn right onto Woodland Park. Keep right where Woodland Park splits, then go left around the bend and then turn right onto Oak Springs Road. Go about a mile and a half on Oak Springs Road and turn right on Five Star Road (gravel road w/ 2 stone columns). Bear left at the bottom of the ridge, and go around the bend, then bear left up the hill, across the dam, then turn left to go to the Lodge.

If you get lost or have trouble finding us, give us a call:

Anna Skates
205.902.1771

Melissa Greene
727.643.7544